

WHAT TO EXPECT

when you wear the X39 light technology patch.



The First Few Days

4,000 Genes begin to reset

Within 24 hours 3,000-4,000 genes begin to reset to a younger healthier state.

Within 4 Weeks

YOUR NEW ARMY IS ACTIVATED

Your new army is now activated and attracted first to your most critical issues that need repair and regeneration, which you may not feel, such as an internal organ or tissue, before helping something you do feel.

Within 6 Weeks

BRAIN BALANCING

A recent study has shown, after six weeks, the **brain became more balanced** as shown on QEEG brain mapping. These types of changes help calm an overactive brain leading to a decrease in multiple symptoms such as memory, depression, anxiety, sleep and more.

Within 3 Months

COLLAGEN IS INCREASED

Your collagen is elevated initiating rapid repair of tissue in your body.

Within 6 Months

REDUCED HEART AGE

Cardiovascular System Changes Occur

The cardiovascular portion of the organ function study showed that after 6 weeks the cardiovascular systems acted eight weeks younger. So, if one does the math, for every day you wear the patch the cardiovascular system acts a day and a third younger.

Within 12 Months

REGENERATION IS NOTICEABLE

You look and feel younger inside and out.



WHAT TO EXPECT

While Using LifeWave Products

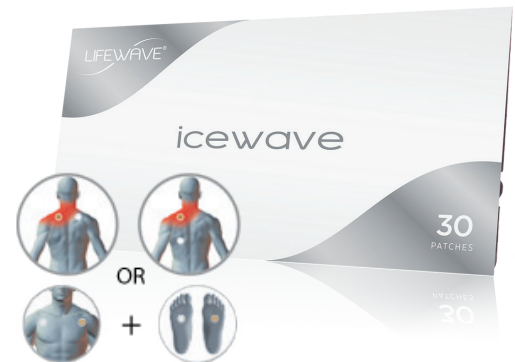
PERSONAL EXPECTATIONS

- Everyone responds differently
- Fill out the LifeWave Health Tracker
- Take note of specific issues
- Patches go to work where needed
- Internal healing may happen first
- Exhaustion is normal when healing
- If you are tired, it's working!
- Commit to 6-12 months
- Take a BEFORE photo of yourself once you start patching
- Take an AFTER photo of yourself at 3, 6 & 12 months and see the changes!



DETOXIFICATION SUPPORT

- Detox is common for 1-2 weeks
- Drink 4-5 ounces of water ever 30 minutes or a few sips every 15-20 min
- Use a good electrolyte mix daily
- Limit or remove caffeine
- Get extra sleep, take naps
- Take an Epsom Salt bath as needed
- Practice deep breathing



YOUR STEM CELL ARMY IS HARD AT WORK!

Even if you don't immediately feel the effects, rest assured your army of stem cells is now hard at work repairing your most critical issues first before moving on to something you do feel.