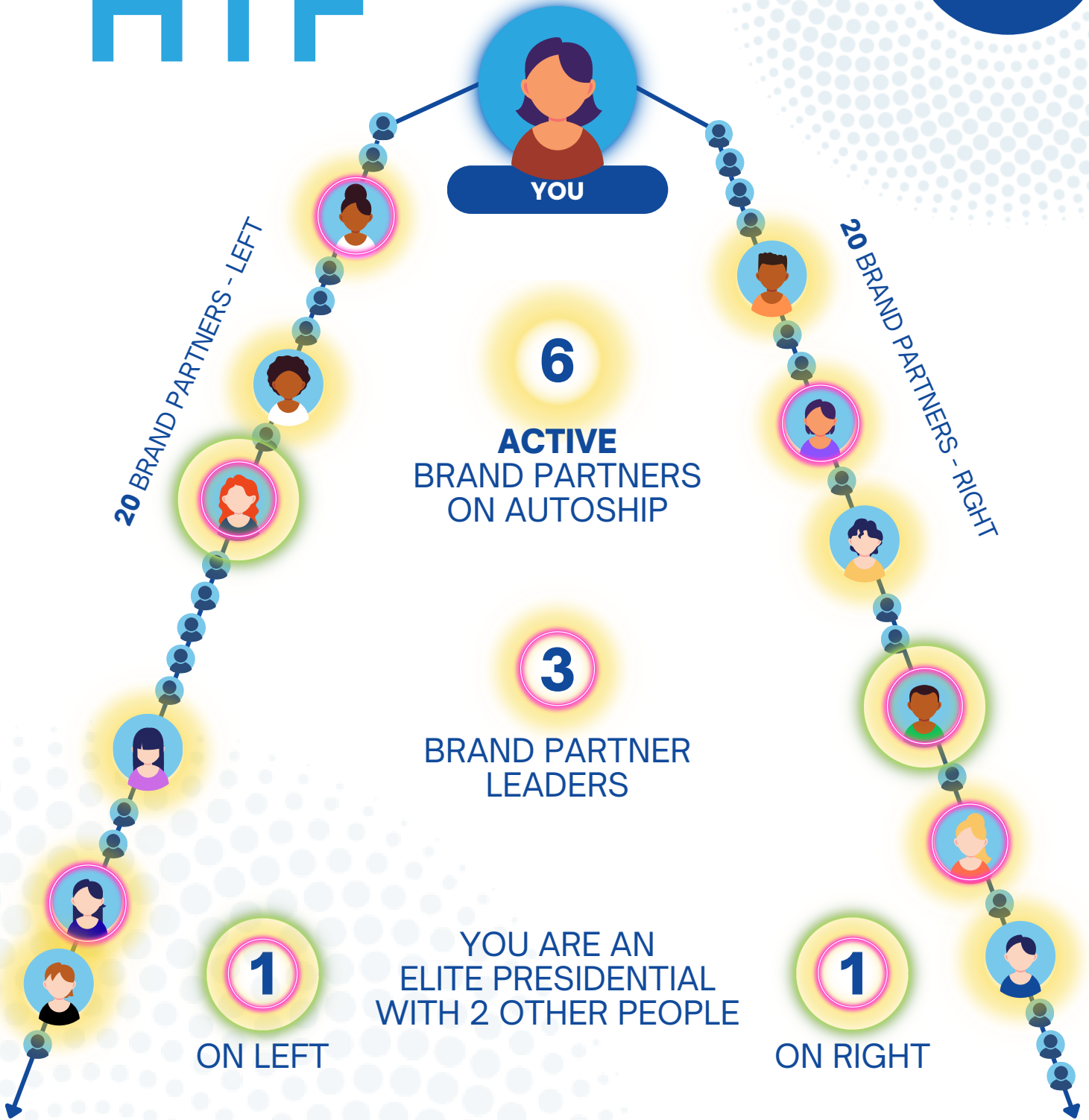


● THE PATH TO HTF

HEALTH
TIME
FREEDOM



The Fastest Path & Action Plan to
HEALTH, TIME & FINANCIAL FREEDOM

● THE PATH TO HTF ACTION PLAN

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STEP #1 - KNOW YOUR WHY

Know Your WHY & Establish the Mindset to Succeed

Your **WHY** is your fuel. Write down why you said yes to LifeWave and what you want it to create in your life. Keep it in front of you daily.

Establish the **mindset needed to succeed**. Success takes consistency, positivity, and belief in yourself, the system, and the products. Your mindset will carry you through challenges and inspire your team to follow your lead.

STEP #2 - BUILD YOUR LIST

Build Your List (Binary Priority)

To go fast, you must build a strong foundation.

Make a list of 20 people for EACH business center (left & right team) 40 total.

This list is your priority to success.

Why 20? Because it's a numbers game:

- Out of 20, about **6** will share your energy.
- Out of those 6, about **3** will be like you or better—the ones who build a massive business with you.

By doing this on each side of your binary, you set the foundation for long-term success.

STEP #3 - THE PPP SYSTEM OF DUPLICATION

1. **Pique curiosity** – short message or question.
2. **Preview with a tool** – video, call, link or event.
3. **Partner Up** – never do this alone, bring in your upline for validation.

If you know your **WHY**, establish the right mindset, build your list of 20 on each side, focus on finding your **6** to discover your **3 leaders**, and use the PPP system—you will fast-track your business and set up duplication from day one.



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● THE PATH TO HTF YOUR LIST

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LEFT TEAM (BUSINESS CENTER)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

RIGHT TEAM (BUSINESS CENTER)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____



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